



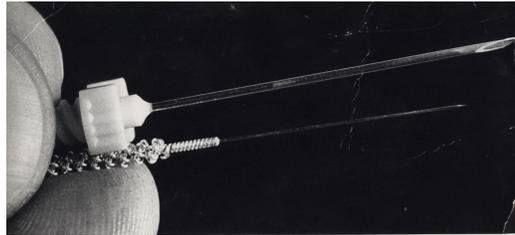
**WEBER CHIROPRACTIC OFFICE, S.C.**  
*Making a difference in the quality of people's lives*  
Gentle Chiropractic Therapy – Acupuncture – Rehabilitation



*Acupuncture . . .*

Acupuncture has been around in many forms for **thousands of years** but most of us think of it as being a form of treatment that comes from the Asian parts of our world. Acupuncture, the stimulation of points on the body to effect change in health, is really part of a broader system of maintaining health called TCM or **Traditional Chinese Medicine** or Meridian Therapy, which involves life style changes and nutritional support including herbs that influence energy patterns in the body.

The acupuncture system consists of energy lines called **meridians**. There are twelve paired meridians (one on each side of the body) and two midline meridians (on the front and back). There are over **1500 acupuncture points** on the body but only about 60 are used extensively. **Energy or qi** (chee) moves through these lines, passing from one to the next and when there is free flow of qi through the lines our bodies are healthy. Treatment is not designed to treat disease but to restore the normal energy flow so the body can heal and fight disease. The **acupuncture points can be stimulated in many ways** - needles, electrical, pressure and even laser. Most practitioners agree that needle stimulation is the most effective in adults. The **needle is very different** from other needles encountered in medicine, which are designed with a cutting edge to inject or withdraw fluids from the body. The acupuncture needle is solid, comes to an exact point, is about as big as a horse hair and **penetrates the skin without cutting**, thus rarely does any bleeding occur. I can put eight acupuncture needles inside a needle used for drawing blood. The needle design allows acupuncture treatment to be virtually painless. Occasionally, you might feel something like a mosquito bite.



Acupuncture stimulation can also be done on the ear (**auriculotherapy**) where hundreds of points represent every part of our body. Points are laid out in the pattern of an upside-down fetus and much of that research was done in France in the 1970s. These points are believed to have a direct connection to different parts of the brain where the therapeutic effect occurs. So, you see, acupuncture continues to evolve even after 4000 years.

**Conditions treated** in the office include **sinusitis, headache, vertigo, sciatica, neck pain, shoulder pain, carpal tunnel syndrome, facial pain, arthritis, smoking cessation, high blood pressure, shingles, asthma, and abdominal pain**. I have also helped patients with infertility, chronic cough conditions and even hemorrhoids. Sometimes you just have to try and a great advantage to acupuncture is there are no side effects. Some patients seek acupuncture just for the immune boosting effects and get treatment at the change of each season, which are stressful times in our bodies. **Acupuncture and chiropractic care blend very well** together because each is helping to restore normal functioning in the bodies in different ways.

**If you ever have questions about a condition or a procedure performed in the office, just ask!**

*Again, thank you for being our patient!*  
*We appreciate you and look forward to serving you.*

**David J. Weber, D.C., D.A.B.C.O.**

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