



WEBER CHIROPRACTIC OFFICE, S.C.
Providing Choices in Complimentary Health Care
Gentle Chiropractic Therapy – Acupuncture – Rehabilitation –
Low Level Laser – Nutrition



I Didn't Know You Could Do That!!

Most everybody associates going to a chiropractor with some type of lower back pain, upper back pain or neck pain. Although we see many of these conditions during a day, let me offer some insight to some of the other types of conditions that are not just spine related. These are all patients that were seen in my office and treated successfully.

- 62 year old man being treated for lower back pain but stated that he was having a terrible case of **hemorrhoids**. An acupuncture point on the top of the head (GV20) can be very effective in this situation. I frequently leave an acupuncture needle in this point and tell the patient to leave it in the rest of the day. The problem was this man was bald and a needle sticking out of his head would draw attention. I used a flat needle and taped it to the point. This was on Friday and the man called on Monday stating his hemorrhoids were gone.
- 7 year old patient who had significant **pain in her lower rib region** for over one year after landing flat on her buttocks in a shallow pool. X-rays showed no fracture but the pain kept her from playing as a normal seven year old. She had jammed the spinal joints in the area and pushed her 12th rib out of its normal alignment resulting in obvious muscle spasm. Specific manipulation to the area for four visits totally relieved the condition.
- 35 year old female developed significant **vertigo** one morning and could hardly walk. This resulted from a displacement of the canaliths (ear rocks) in the inner ear. A positioning procedure called the Epley Maneuver quickly restored the inner ear balance and the vertigo was gone immediately. Many long term cases of vertigo also respond. At times I will also stimulate acupuncture points with a low level laser to help this condition.
- 67 year old female who had a **rapid heart rate** that had not responded to medical care all winter while in Arizona. I checked her for a hiatal hernia which means part of her stomach was protruding into her chest cavity crowding her heart. I used a procedure to gently pull the stomach down below the diaphragm. This resulted in her heart rate dropping to near normal. We have also used this technique to dramatically reduce acid reflux.
- 72 year old female that had significant **groin pain** for three months to the point she couldn't walk up stairs or walk the golf course, which really irritated her. The head of her leg (femur) was mildly displaced in the hip socket and all the muscles around that joint, especially in the groin region were in spasm. Treatment consisted of reducing the local muscle spasm through trigger point therapy and gentle distraction of the hip joint with a belt. In four visits she was happily walking the golf course.
- 52 year old female with moderate to severe pain for 1 ½ years after falling off a horse and sustaining a **burst fracture of the T12 vertebra** which means the vertebra virtually split into many pieces. She was lucky not be paralyzed but after the fracture healed she still had pain that significantly prevented her from working through a day. Using the Activator instrument, I restored mobility to those spinal and rib joints in the area and in about eight visits, she had minimal pain and could work all day.
- Visit the conditions page on our website, www.weberchiro.net for other problems we treat.

Reform Your Own Health Care

I enjoy reading the daily health input from the "You Docs". If everybody followed even half their advise, health care costs would plummet. Recently they gave tips to reduce the risk of stroke by 50% by following these steps:

1. Don't smoke and quit if you do.
2. Stay active. Exercise 30 minutes per day, everyday,
3. Drink one or more alcoholic drinks per week. It keeps your arteries more supple.
4. Eat nine or more servings of vegetables and fruits per day. Greens Energy from our office can deliver that equivalent in one easy dose.

*Again, thank you for being our patient!
We appreciate you and look forward to serving you.*

David J. Weber, D.C., D.A.B.C.O.

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