



# Season's Greetings

From  
**Dr. David Weber & Staff**



*The holidays are with us once again. The wonderful tradition of Thanksgiving and the gathering of family and friends for great food and conversation are always enjoyable. The celebration of Christ's birth at Christmas and the revelry of New Years are next on the list of holiday activities with many busy days in between. I hope you look forward to these days with anticipation and excitement and enjoy them to the fullest.*

*It seems like this past year has flown by faster than usual. In spite of that, we have had **two significant advances** in the office. The first is the introduction of **Kinesiotaping** procedures learned through two different weekends in Chicago. This specialized, elasticized tape works with different actions of muscles, ligaments and skin to assist in relieving stressed areas such as bursitis and tendonitis, alleviates swelling quickly and helps to activate weak muscles. This goes way beyond typical physiotherapy treatments in the office because you keep the tape on 24 hours a day and treatment is constantly being applied. We have seen some remarkable recoveries from long standing problems.*

*The second program introduced is the **Ideal Protein Health Rejuvenation and Weight Loss Treatment**. Collectively, participants have lost over 1,500 pounds to date.*

*Christmas is the season for gift giving and since we are in a health giving profession, we would like to give gifts that support good health. As last year, **we will give away three canisters of Green Energy**. This is a wonderful product that provides 10 servings of fruits and vegetables in each glass. Each time you are in the office in December, your name will be entered into the drawing.*

*We will also be **discounting each of our cervical (neck) pillows by \$5.00**. We have three different kinds of pillows because there are many different kinds of necks and sleeping positions.*

***Ideal Protein December Special** – You can plan to make a resolution to include wellness and weight loss as part of your lifestyle. Sign up with the program in December with a friend and save \$15.00 on the consultation fee. You will receive your orientation and then pick a date after January 1<sup>st</sup> to start. Contact Amy Weber at 563-599-9858 or [weber.amyr@yahoo.com](mailto:weber.amyr@yahoo.com) for more information.*

***May this Christmas season bring you joy, peace and contentment. May the New Year bring you good health and happiness in all aspects of your life.***

***We are grateful to have you as our patient. We appreciate your trust in our health care services and for referring your family and friends.***

**David J. Weber, D.C., D.A.B.C.O.**

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